

COVID-19 QUARANTINE UPDATE

Based on new information the following changes have been made to COVID-19 quarantine.

CDC & DHS continue to recommend a 14 day quarantine.



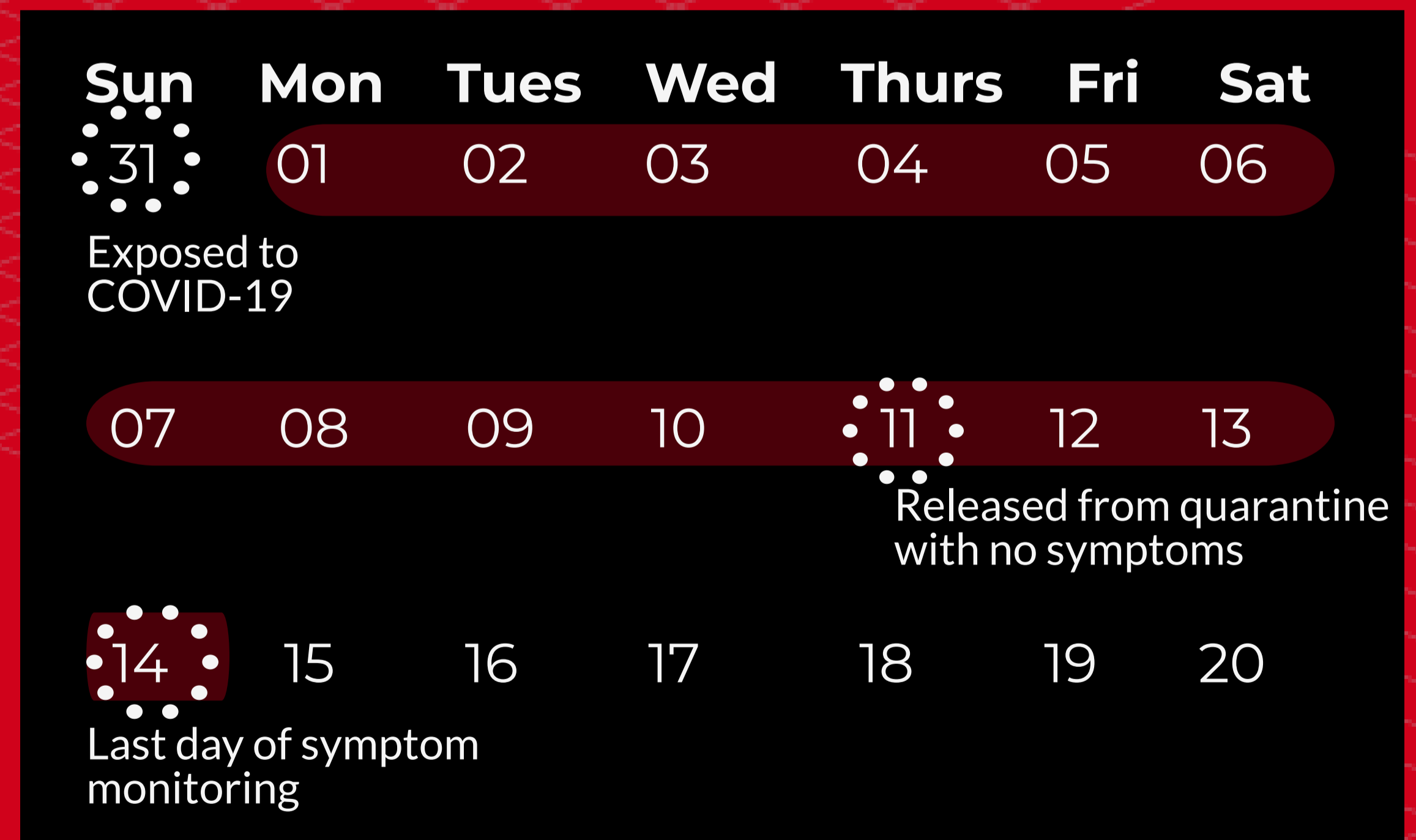
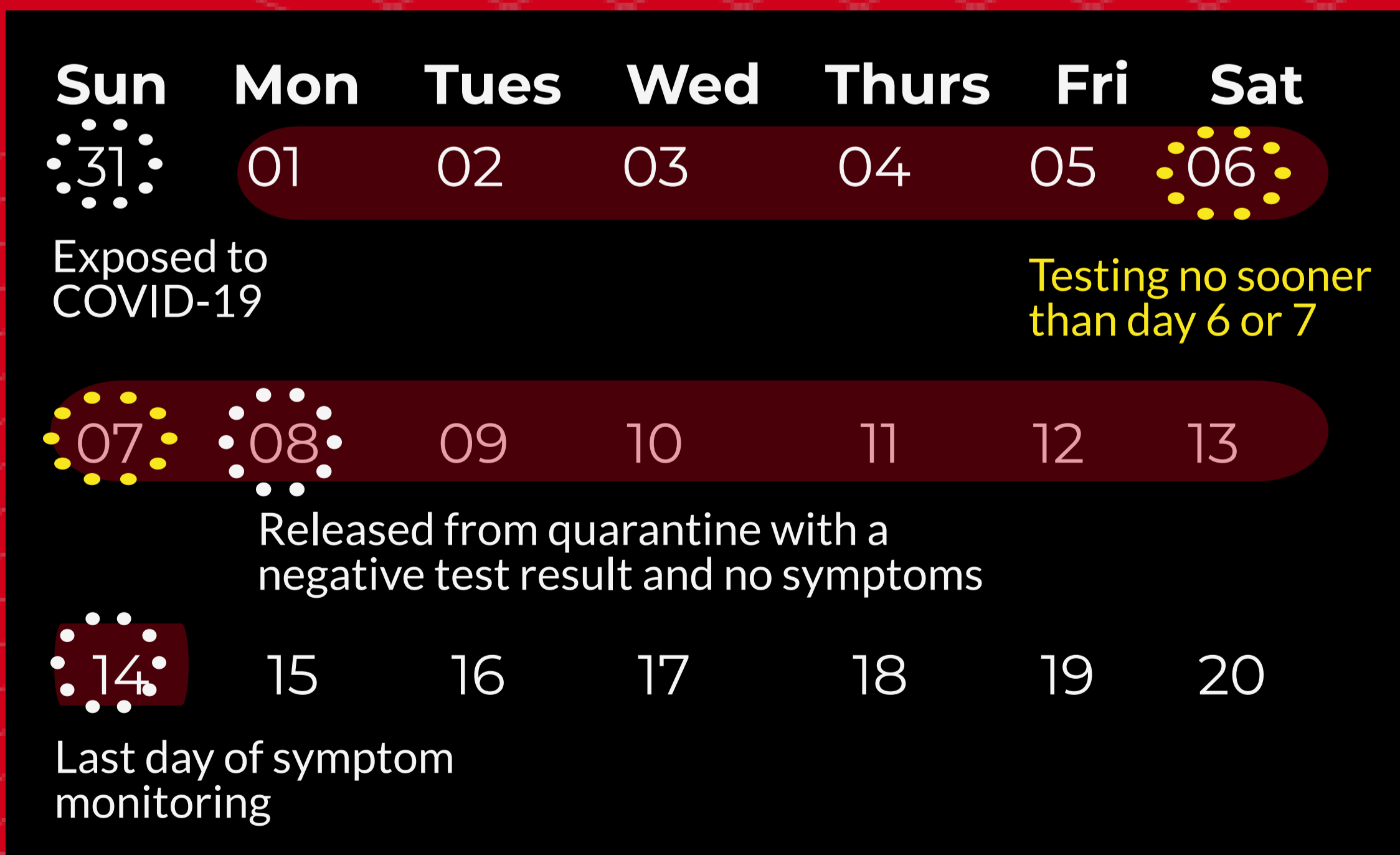
14 Day Quarantine Alternatives

7 Day Quarantine

- No symptoms
- Have a negative test
 - Testing on day 6 or 7
- Go back to work or school on day 8
- Continue to monitor symptoms for the full 14 days
- If you develop symptoms isolate and get tested

10 Day Quarantine

- No symptoms
- Go back to work or school on day 11
- Continue to monitor symptoms for the full 14 days
- If you develop symptoms isolate and get tested



Continue to follow COVID-19 precautions including wearing a mask, physically distancing, and avoiding gatherings.

Healthcare facilities must continue to follow guidance in DHS HAN #18 and #22

